



Imagine a world where everyone knew that someone believed in them.

At the Ulbrich Boys & Girls Club, we provide a positive and safe environment for 60 to 80 members daily. The annual membership cost is \$50.00 for the academic school year program. To keep membership costs low, the Club is in need of volunteers who have a passion to serve today's youth.

Our mission: To enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens.

Core beliefs:

A Boys & Girls Club Provides:

- A safe place to learn and grow...
- Ongoing relationships with caring, adult professionals...
- Life-enhancing programs and character development experiences...
- Hope and opportunity.

The Commitment:

We are seeking volunteers that can commit to serving Mondays through Fridays for at least two hours between 3 to 6 PM throughout the remainder of the school year. We ask that volunteers plan to attend the Club weekly and we've also found it best if you're able to find a consistent day each week to serve in the Club. While this may seem strict, we do this so we can provide our Club members with consistency and a sense of trust in our volunteers. We know that the rest of the school year is a large commitment so we encourage you to please think carefully about whether this commitment level is realistic with your current and anticipated schedule.

What We're Looking For:

The ideal volunteer for the Boys & Girls Clubs is an engaging, high-energy, self-starter who has a passion for working with youth. The Club is a fun, active environment with lots of different activities taking place at a given time. While there are adult and youth staff in each program area, they are often working with the youth leading programs and are not always able to stop what they're doing to provide volunteers with specific details on their activity. Successful volunteers are those that are able to jump in and help with whatever activity is taking place with minimal direction.

Who We Cannot Work With:

Adults (those who are 21 and older) looking to fulfill a court appointed community service requirement are not eligible to complete their hours with the Ulbrich Boys & Girls Club. Also, all volunteers are background checked annually and if you have previously been convicted of any violent crimes, offences related to drugs or crimes against a child, you are not eligible to volunteer for the Ulbrich Boys & Girls Club. The Club does work with volunteers under the age of 18.



Where We are Located:

72 Grand Street, Wallingford CT, 06492

What to Expect:

The Club offers a fast paced, high energy environment with anywhere between 60 and 80 kids each day. Boys & Girls Clubs are drop in facilities so we cannot guarantee you'll work with the same members each time you visit. Our goal is that you begin to build relationships with many of the wonderful young people you work with during your time.

Internship Opportunities:

The Ulbrich Boys & Girls Club is a resource for students who are seeking internships to gain experience in nonprofit administrative work and working directly with Club members through developing, planning and implementing youth programs.

Please see details about the specific needs our organization has for volunteers at this time:

PROGRAMMING

POWER HOUR – Boys & Girls Clubs have an important role in enhancing educational experiences and empowering members to graduate from high school. All members will participate in 30 minutes of homework or academic programming. Elementary School members need homework help and assistance with reading at this time. Middle school members need assistance remaining focused on their studies. Afterwards, members are given a free snack provided by Master's Manna. Time periods: 3:00 – 3:30 PM for Middle school; 4:00 – 4:30 PM for Elementary School, Monday through Friday.

SMART GIRLS: Elementary, Middle & High School Girls –Offers young women guidance towards healthy attitudes and lifestyles, eating right, staying fit, health care and more. In need of 1-2 dedicated female role models. Time periods: Flexible, once per week.

HEALTHY HABITS: Designed to incorporate healthy living and active learning in every part of the Club experience, Healthy Habits emphasizes good nutrition, regular physical activity and improving overall well-being. Time periods: 4:00 – 6:00 PM for Elementary School, Monday through Friday; for any designated age group.

TORCH CLUB: Every Monday from 6 PM to 7 PM for Middle School Members – Torch Club is a chartered, small-group leadership and service club. Torch Club is a powerful vehicle through which Club staff can help meet the special character development needs of younger adolescents at a critical stage in their life. Torch Club members learn to elect officers and work together to implement activities in four areas: service to Club and community; education; health and fitness; and social recreation.



TEAM BUILDING & LEADERSHIP: The Ulbrich Boys & Girls Club strives to provide unique, enriching activities for our members. Every day, we strive to implement a Club-wide ice-breaker or team challenge for members. Do you have a passion for facilitating youth and driving them towards meeting a goal? If so, please let us know. We are always looking for new and exciting opportunities.

THE ARTS: Cooking, painting, singing, writing – all of these activities help build today’s youth as well-rounded individuals. Do you have a special talent or skillset in this area? Specific age groups, supplies, and schedules can all be figured out by working with our passionate program staff.

SPORTS & RECREATION: Is there a specific sport that you are passionate about and would like to share with our members? Do you know specific drills or training techniques that you’ve benefited from in the past? Do you enjoy playing tag games and relay races with elementary schoolers? Embrace your “inner-child” and have fun with our members at the Club for a few hours.

ADMINISTRATIVE NEEDS

Do you have a passion to serve the community in an in-direct way? Our Club can use your assistance in the following areas:

- Grant writing
- Program development – researching new activities for members
- Maintenance upkeep
- General cleaning and organizing
- Picking up and dropping off snacks from Master’s Manna on a weekly basis
- Assistance with preparing the Mentoring Program (To begin in Fall 2016)
- Assistance with signing members in and out; and answering the phone between 3 and 6 pm
- Assistance with website and e-mail maintenance
- Human Resource development

Thank you for your interest in volunteering at the Ulbrich Boys & Girls Club, where your time is greatly appreciated. Your service makes a deep impact in today’s youth and the future of our organization.

Please be sure to complete a volunteer application, background check, and an hour-long training session to begin volunteering at the Club.