



Rx Pain Medications

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Prescription Pain Medication Agreement

I agree to the following:

1. I will only take prescription pain medication from _____. I will not seek these medications from other health care providers.
2. I will inform _____ of any new medication or supplements I am taking, including over-the-counter medications.
3. I will only take my prescription as prescribed and will not increase or stop the dose without instruction from _____.
4. I will store all medications in a safe and secure place and will not give or sell my medication to anyone else.
5. I will fill my prescriptions at only one pharmacy (name: _____) and understand that my prescriptions may be monitored by my state's online prescription drug monitoring program.
6. I understand that if my prescription runs out early for any reason (for example, if I lose the medication or take more than prescribed), _____ might not prescribe extra medications for me; I may have to wait until the next prescription is due.
7. I understand that if I lose my medication, if it is stolen from me, or if I take more than is prescribed, _____ might not prescribe additional medication for me and that I might have to wait until it is time for my next prescription. If I fail to follow this agreement, _____ may no longer write prescriptions for me.
8. I agree to submit to drug testing (blood or urine) when requested by my health care provider.

Patient signature _____ Date _____

Sources Consulted

- Teichman, P. (2001). A tool for safely treating chronic pain. *Family Practice Management*, 8, 47–49.
- American Academy of Pain Management (AAPM). (2002). Opioid agreements/contracts: The American Academy of Pain Management's Take on the Subject. *American Academy of Pain Management Prescribing Issue: Opioid Agreements & Contracts*. Retrieved from https://depts.washington.edu/fammed/files/CE_AAPM_Prescribing%20Issues.pdf

NEED HELP?

Call 1–800–662–HELP (4357) for 24-hour free and confidential treatment referral and information about mental and/or substance use disorders, prevention, and recovery in English and Spanish, or visit www.samhsa.gov/find-help.

Find more on safe pain management here: <http://www.cdc.gov/drugoverdose/prescribing/patients.html>

